

BARUNGA VILLAGE Lifestyle

Light up
Barunga
Shines bright!

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BARUNGA BY THE SEA

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BARUNGA
VILLAGE INC.



Welcome to the 2018/19 summer edition of BV Lifestyle.

In this edition, Director of Nursing, Merrilyn Hewett shares an update on all the exciting changes that have been taking place at Barunga Homes.

Our Education and Quality Officer provides a wrap up of the year and the key learning objectives for next year.

We also share the recent recognition that one of our house members, Ross Lambert and his family have received from the community.

Our annual Light Up Barunga features in this edition, with plenty of fantastic, festive photos!

We hope you enjoy this edition of BV Lifestyle!
We wish you a very merry Christmas and a prosperous New Year!

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Merrilyn Hewett

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Welcome

MERRILYN HEWETT
DIRECTOR OF NURSING

Welcome to the Summer edition of the newsletter

As we approach the end of 2018 and reflect on the year that's been, all I can say is WOW!

WOW, that we have four new beautiful houses at Barunga Homes.

WOW, that we have new House Members at Barunga Homes and new clients throughout our residential and community sectors, adding such diversity to the organisation.

WOW, that we have employed more staff in a year than ever before, who bring with them a skill set that enables us to deliver high quality services.

We have recently undergone our accreditation assessment through the Aged Care Quality Agency and eagerly await their decision on our accreditation status. In January we will undergo Butterfly accreditation and have committed to another 12 months with Dementia Care Matters, demonstrating

our commitment to this model of care.

The Aged Care Royal Commission into Aged Care Quality and Safety is very topical at the moment and like all other residential aged care facilities in the nation, we have to provide specific information to the Commissioners by early February. We welcome this review and any outcomes that strengthen the safety and quality of the Aged Care sector.

Christmas celebrations commenced early at Barunga Village with the launch of Light up Barunga - it was a lovely night for the community and thanks must go to the team of staff and volunteers who worked diligently to ensure the success of this night and the ongoing display of beautiful lights.

I sincerely thank our loyal band of staff and volunteers who work tirelessly every day to enrich the lives of the people we support. On behalf of the Barunga Village Community I wish everyone a Merry Christmas and happy New Year.

Education

PAIGE ALDENHOVEN
EDUCATION AND
QUALITY OFFICER

Merry Christmas everyone! It's this time of the year that I like to reflect on the year that was and begin preparing for the year ahead.

This year training in the dementia Butterfly Model of Care has continued for staff and volunteers. The upskilling of our staff and volunteers enables them to be more effectively involved in daily living activities and understand the true essence of the Butterfly Household Model of Care.

We are proud to continue as an accredited Butterfly home in 2019. Our aim is to offer a revised training program that will provide household model skills that can be used across the whole home in addition to specific dementia care training.

We are now four months into the carer traineeship program and are very pleased with the calibre the trainees are working to. Once a month they spend time with SA Learning Centre in a classroom environment and with the support of our onsite mentor, house leaders and experienced care staff, the trainees apply the skills they have learnt to the people they are caring for. I look forward to updating you next year as they progress through their program.

This year we have undertaken a series of webinars, online and face-to-face training that has proven to support staff in their role. Recently Chris Laird from Chris Laird Audiology spent time with staff to educate them on the different kinds of hearing loss, the effects it can

have on lifestyle and the various methods to support people with hearing loss. Chris also demonstrated techniques for carers to clean and maintain hearing aid equipment.

Next year, in line with the changes to the aged care quality standards, one of our education focuses will be on delivering great customer service and how to consistently apply it for our valued internal and external customers.

We have a lot to work towards with a busy year ahead, but I look forward to seeing you again in 2019!



Staff undertaking an emergency response assessment during the last mandatory training session for 2018.

Volunteers report

STACEY MESCHUDE
VOLUNTEER
COORDINATOR

As we approach the end of what has been a very busy year, I look back at all of the exciting changes that have been happening here at Barunga Village.

Our volunteers have played a very big part in helping with the changes and the new houses being formed. It is lovely to have our house members chat to me about how much they enjoy our volunteers spending time with them. The length of time does

not have to be large, whether it is once a month for one hour or they are in 3 days a week, that time spent here is a piece of a puzzle that creates a beautiful picture.

We have finished the busy year off with a trip to Virginia nursery with 12 volunteers joining me. A lovely day out was had by all. Our Christmas lunch has also been held with our volunteers enjoying a scrumptious lunch as well as

lots of fun and frivolity on the day.

Thank you to all of our wonderful volunteers, I hope you enjoy your well-earned break in January. I am thankful to work with such a fabulous bunch of people who give so much back to the community and look forward to a very busy and exciting 2019.

If you would like to join our volunteer team at Barunga Village, please give us a call on 86 350 500.



Left: The volunteers during their day trip to Virginia Nursery.

Below: A happy snap taken of the volunteer group during their annual Christmas luncheon.



Tricia Stringer visit to Barunga by the sea



Barunga by the Sea residents and community were treated to an insightful afternoon with Bestselling Australian author, Tricia Stringer on 26 November.

Tricia was invited as a guest speaker to share her journey of becoming a successful author, and talk about her latest novel 'Table for Eight'.

Tricia, who now resides in the Copper Coast region, attributes her childhood of growing up on a farm in rural South Australia, to the reason why her writing is often inspired by local history and landscapes.

Her first novel, Queen of the Road, won Romantic Book of the Year in Australia in 2013, and since then her other work including Riverboat Point and Between the Vines have been shortlisted for more awards.

The visit had a fantastic response with approximately 60 Barunga by the Sea residents and their guests attending.



News

Lambert family recognition

During the past few months Barunga Village house member, Ross Lambert has been involved with activities around recognition of his family's achievements.

In September, Ross presented an inaugural Shield and Medal to Crystal Brook junior netballer, Chelsea Hombsch, fulfilling the wishes of his late wife, Gloria, who was a resident of Barunga Village until February this year.

Gloria was a life-member of the Crystal Brook Netball Club having filled playing, umpiring and executive roles for more than 40 years. The Gloria Lambert Memorial Shield and Medal donated by the family will be awarded to the junior highest votes winner for the next twenty years.

Also, Ross has lent his knowledge to the process of the recent official naming of Lambert Road in Crystal Brook. The naming by Port Pirie Regional Council honours 5 generations of Lamberts who have lived in Crystal Brook since about 1885.

Lambert Road runs from Gadd Avenue to The Cattle Track – a road chosen because of the proximity to where Ross' grandfather established his family and where a number of generations of Lamberts have lived.

The road sign (pictured) at the Gadd Avenue end is just as you drive into the built-up area of on the southern end of Crystal Brook.



Our sincere condolences on the recent passing of Ross Lambert. We print this article with the permission of his family.

Service awards for Barunga staff

Our hardworking staff were acknowledged in a special presentation during the recent Annual General Meeting held on 31 October. The presentation was a new addition, initiated by the board, as a way to celebrate the incredible service of staff.

All employees that had provided over 5 years of service as of June 2018 were presented with a certificate and personalised badge indicating their number of years of service to the organisation. This saw 39% of our staff being acknowledged, which included 22 members being recognised for over 5 years service, 8 staff members for over 10 years service and 9 members for over 15 years of service.

Those who have been with Barunga Village for over 20 years were presented with a framed certificate along with a gold coloured badge for their extraordinary service. House leader Joanne Balestrin and Community Care Coordinator Merylyn Stringer were both acknowledged for being with Barunga Village for over 25 years.

The presentation highlighted the wonderful dedication of our staff, who's hard work is the driving force of the organisation.

Thank you and congratulations to our long serving staff, your loyalty and hard work is appreciated every day.



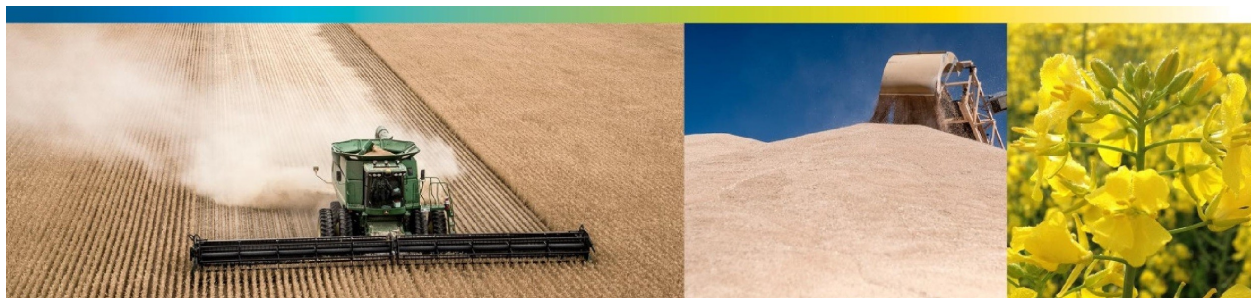
Donations

Donations in memory of *Eleanor 'Fay' Hewett* *Barbara Ireland*

As we extend our deepest sympathies to their family and friends, we also acknowledge that these donations are vital to our work.

Donations are used for a wide variety of support services and projects which enable us to continue to provide quality care to the seniors in our community. Any donation is appreciated.

Donations over \$2.00 may be tax deductible.



ATTENTION FARMERS, GROWERS AND GRAIN BROKERS

We have joined forces with the CBH Group so our club can be paid \$0.20c for every tonne of grain and we need your help!

**CLUB: Barunga Village Inc
UNIQUE CODE: PR16BVI**

How does it work?

In February, CBH will tally up the number of tonnes nominated to them on contracts with our unique reference code. They will then donate twenty cents per tonne to our club as a Sponsor.

Who can participate?

Any Nationally Registered Grower who sells grain and is associated with our club.

How can I participate?

When contracting with the CBH Regional Manager or the CBH Grower Service Centre, you must quote the club name and unique code.

CBH Grower Service Centre
P 1800 107 759
E CBHMarketingEA@cbh.com.au



Light Up Barunga Festivities

Light up Barunga 2018 was held on Friday 16 November. This event heralds in the Christmas Season and festivities and is the result of many hours of work by the Light up Barunga committee.

This year's display has the addition of three Advent Soldiers and while I am reluctant to single out individuals I think it will be remiss of me not to acknowledge the talent of Ann Webb in designing and coordinating the creation of these magnificent Soldiers.

The evening was filled with lots of fun, laughter and delightful children having a wonderful time. To the many people who came along thank you for being part of our festivities.

A big thank you to the committee members (Ann Webb, Ken Bone, Raelene Bone, Brenton Rosenthal, Dave Boothey, Linda Fuller, Ros Aitchison, Jodie Webb, Samantha Crane, Annabel Freeth and Merrilyn Hewett) and to the following people who helped out Friday night: Kaylene Taylor, Trevor Taylor, Carly Barnes, Ben Barnes, Helen Stringer, Bill Kerry, Roger Nottage, Elise Bowman, Merilyn Stringer, Rodney Webb, Carsten Meschede, Sam Meschede, Tony Hewett, Pat Coffey and Max Piestch. Also thank you to John Aitchison for allowing us to store the decorations when they are not in use on his farm.

The Committee have enjoyed putting the display together and we hope the Barunga Village and wider community you will take the time to visit our display and share our joy.



A tale by M. Butler

MALCOLM BUTLER
BARUNGA BY THE SEA
RESIDENT AND VOLUNTEER

From an illiterate 13 year old to multi-millionaire

~ Part 4 - The Final

The Federation drought of 1901-1903 caused Sid a lot of grief. He lost up to 70,000 head of stock and if it hadn't been for his foresight in moving cattle and sheep from one pastoral property to another, (by now he had quite a few to choose from) his losses could have been much greater. As it was he survived but by his own words many years later "only just".

After 1903 he started buying more properties so that he had a string of properties from central QLD, through north west NSW to South Australia. Now he could travel his livestock to the South Australian markets and in most cases, he would be travelling over his own properties. In those days, when travelling through a property you had to travel between 6 and 10 miles a day. When cattle and sheep were in poor condition this was very hard on the livestock. However, when his cattle (or sheep) were travelling on his own properties he could take as long as he liked.

In 1908 he and Bell travelled to England. By this time the automobile was taking over from the coaches and wagons

in the English transport industry. Sid saw a good opportunity to get men who drove these wagons and who were good at handling horses, so he offered to pay the fare for them and their family's back to Australia and he offered them full employment on his sheep and cattle properties. Many of these men and families stayed with the Kidman empire for many years. He also met the King and Queen and afterwards it was rumored he said to Bell "your curtesy to their Majesties was good but it would be better if you were to curtesy in front of a mob of fat cattle"

While in England he purchased his first car, a 1909 Thornycroft four-seater 18 hp touring car. The founder of Thornycroft, John Thornycroft's wife was Sid's second cousin. However, when the car got back to Australia Sid found it more trouble than it was worth, you had to look where you were going unlike a horse where you could travel along and look at the scenery so in 1911 he gave it to his daughter Elma as a wedding present. The Great War saw Sidney Kidman generously donate many thousands of pounds to

the war effort. He also supplied livestock and saddlery to the Australian Light Horse. In 1921 he was knighted for his services to the war effort and Australia as a whole.

In 1921 Kidman donated his home in Kapunda to the SA Education department to be used as a school. In 1932 his employees put on a Rodeo in Adelaide to honor his 75th birthday. It is said over 50,000 people came to the event. Even today it is still the largest private event for a birthday party ever held. Sid passed away 2nd of September 1935. The whole country mourned his passing. Not a bad life story for an illiterate 13-year-old kid who started his working life with 5 shillings in his pocket and a one-eyed horse called Cyclops.

Celebrations



Marketing and Communications Officer, Annabel Freeth and her husband Mark, welcomed their first child, Flynn Douglas Freeth on 8 October 2018. Baby Flynn is also the 3rd grandson for Barunga Village's Director of Nursing, Merrilyn Hewett.

Board member Trevor Kirk celebrated the marriage of his son Joel Kirk and Rebecca Capurso on 3 November 2018 at Waverley Estate in Port Elliot.



House Leader Joanne Balestrin was happy to share the news of the arrival of her second grandson, Hugo Michael Ballantyne on 23 October 2018. Pictured here with Mum, Katie, and big brother Ollie.

Social scene



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01 Thank you to Kay Smith who crocheted 146 Poppies for Barunga homes for the Remembrance Day Service, and Barunga by the Sea residents who assisted with stitching on buttons.

L-R back Shirley Bennier, Janet Pietsch, Mary McDonald, Ann Furber.

L-R Front Lyn Giles, Kaylene Taylor, Kay Smith and Pauline Ragless.

02 Director of Nursing, Merrilyn Hewett pictured with Graeme Spafford and Robert Hogarth following the presentation of a monetary donation to Barunga Village from Moonta Mark Lodge.

03 Christmas season smiles! Jaspa Barnes, daughter of Finance Officer Carly Barnes, enjoying the face painting stall at Light Up Barunga.

04 Congratulations to Danette Conoley, who was the winner of the Social Club's Christmas raffle for this year!

05-06 Our annual Melbourne Cup afternoon tea was held on Tuesday 6 November, and saw many of our house members getting into the theme with some very colourful hats.



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07 Hon. Vickie Chapman, Deputy Premier and Fraser Ellis, Member for Narungga visiting Barunga house member, Peggy Gardner during their tour of the new build.

08 Barunga by the Sea residents getting prepared to cheer on their lucky horses during their Melbourne Cup afternoon tea.

09,10,11 Light Up Barunga is shining for its second year! As shown in the photos, the opening night was enjoyed by all ages of the community, with festive displays outside the homes on Edmund Terrace.

12 Some of the Barunga Community Care clients came together to enjoy a delicious spread for their annual Christmas lunch on 5 December.

13 Barunga Village choir group together for a very special Christmas edition. The concert was shared via skype to the choirs' counterparts in New Zealand .

Recipe

Coconut Peanut Butter Balls



12 servings

Preparation time: 45 minutes

Ingredients

1/2 cup natural peanut butter (*or almond butter or sunflower butter if nut free*)

3/4 cup unsweetened shredded coconut

1 teaspoon pure maple syrup

1/2 cup dark chocolate chips, melted

1 Line a baking tray with parchment or wax paper.

2 Combine peanut butter, coconut and maple syrup in a medium bowl.

3 Roll the mixture into balls, using about 2 teaspoons for each.

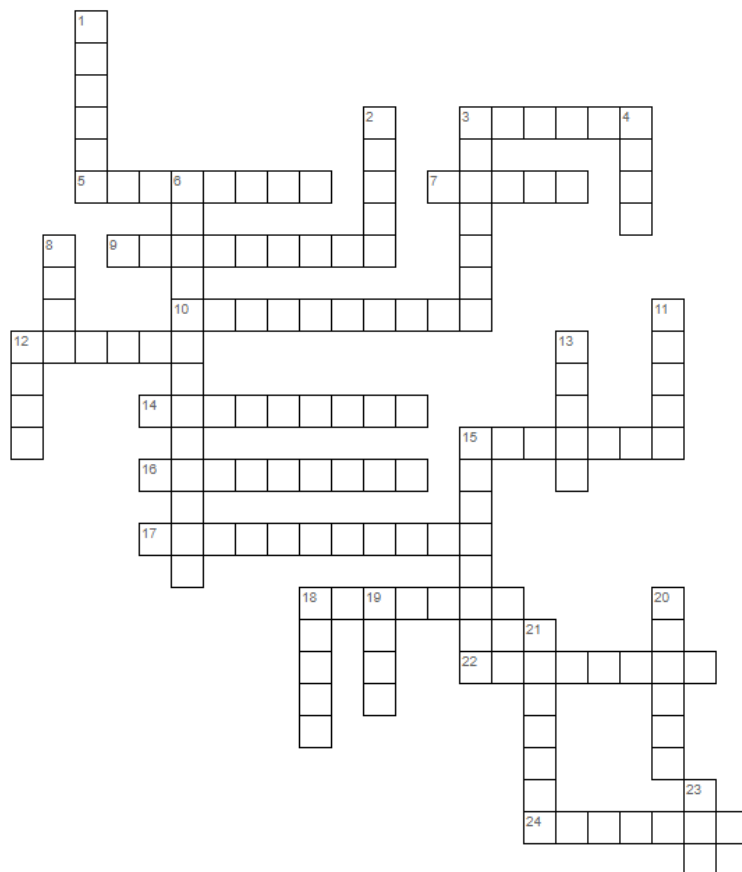
4 Place balls onto the baking tray. Freeze for about 15 mins, or until firm.

5 Roll the balls in melted chocolate, then sprinkle with coconut. Return tray to freezer until the chocolate is set, approx. 15 mins.

Enjoy!

Puzzle

Christmas Crossword



Across

3. Fun to sing
5. Something to make you warm
7. Some people put this on the top of the tree
9. A place to gather on a cold day
10. A happy, jolly guy
12. A special star was this
14. Someone's birthday on Christmas
15. Adults attend these during Christmas season
16. Kids like to hang these
17. They come in all colours, shapes and sizes
18. Something you should wear outside
22. People do this before Christmas
24. A lot of people are this at Christmas

Down

1. A lot of people go to on Christmas Eve
2. A book that people read a special story from
3. Some churches use them on Christmas Eve
4. White, cold stuff
6. Something people put in their living room
8. Some put this on top of the tree
11. Adults send them to friends
12. You use them on packages
13. To keep your feet warm
15. You find them under the tree
18. A lot of people are this at Christmas time
19. People use them on presents
20. One of the coldest times
21. Kids leave them for Santa Claus
23. Bright, happy colour

Answers:
Across 3. carols 5. hot cocoa 7. angel 9. fire place 10. Santa Claus 12. bright 14. Baby Jesus 15. parties 16. stockings 17. decorations 18. mittens 22. shopping 24. stuffed
Down 1. church 2. bible 3. candles 4. snow 6. Christmas tree 8. star 11. cards 12. bows 13. boots 15. presents 18. merry 19. tags 20. winter 21. cookies 23. red



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