

Physiotherapy
in your home

Our physiotherapy program supports the restoration of movement and helps to prevent further injuries and complaints.

The program provides exercises to improve functional capacity, musculoskeletal health, and general conditioning leading to a greater sense of independence and increased self-confidence.

What can our physiotherapy program provide?

- Assessments (e.g. mobility and fall risks)
- Injury prevention and treatment
- Pain management interventions
- Falls prevention strategies and education
- A tailored exercise and rehabilitation program to suit your needs
- Exercise prescriptions improving strength, balance and endurance to improve general fitness
- Assessment and referral for remedial massage

To book an appointment or seek further information, call Barunga Community Care on 08 8635 0526.

*Some services may be claimed under Support at Home Program funding.**

***T&C's apply.**

BARUNGA
VILLAGE INC.